

Name	Vorname	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	Anzahl
Brümmer	Iris	3:21	3:51	3:37	3:30	3:24:46	3:36:09	03:29:35	03:23:27	03:28:36	03:32:15	10
Brümmer	Claudia	3:30	3:40	3:24	3:35	3:34:35	3:36:30	03:49:04	03:45:20	03:57:07	03:59:16	10
Hirsbrunner	Detlef	3:01	2:58	2:59	2:57	3:10:47	3:15:56	03:03:51	03:10:54	03:09:08	03:19:20	10
Köhler	Matthias	4:24	4:31	4:34	4:32	4:10:06	4:22:33	04:07:44	04:46:36	04:25:09	04:24:03	10
Mauer	Mark	3:38	3:41	3:38	3:38	3:28:12	3:57:07	04:03:22	03:57:28	03:57:21	03:40:13	10
Richter	Michael	4:31	4:38	4:30	4:33	4:44:43	4:13:46	04:49:24	04:29:52	04:25:09	03:48:50	10
Ahlsweide	Götz	3:39	4:00	3:53	4:19	3:50:39	4:28:37	03:45:07	03:59:36		04:12:51	9
Hasenlust	Fred	3:34	4:08	4:11	3:39	3:48:32	3:53:01	04:17:19	03:46:56	04:44:14		9
Vieczenz	Reinhard	3:58	3:58	3:48	4:05	4:03:59	4:15:33		04:29:21	04:36:56	04:30:13	9
Dinter	Martin	4:22	4:47	4:07	4:17	4:09:40	4:27:31	04:19:45	04:29:54			8
Drexler	Hans	4:24	4:27	4:08	3:58	3:52:05	4:30:38			04:21:30	04:41:29	8
Gerlach, Dr.	Thomas	2:58	3:36	3:30	3:12			03:45:54	03:51:29	03:17:04	03:23:32	8
Hanke	Peter	3:07		3:06	3:50	3:14:57		03:21:55	03:25:24	03:16:46	03:23:28	8
Ritter	Andreas	3:00		3:16	3:11	3:05:06	2:56:12	02:58:48		03:12:59	03:13:10	8
Moorth	Jörg	4:16		4:02	4:02	4:12:22		03:57:40	04:13:01	04:22:20		7
Zillmann	Uwe	3:23	3:39	3:26		3:16:20			03:48:20	03:45:02	03:36:13	7
Gertler	Christoph	3:20	3:13	2:57	3:07	3:03:16	3:30:25					6
Grebe	Jens	4:36		4:35	4:13	4:15:47		04:33:25	04:13:04			6
Heuck	Thomas	3:08		3:03		3:22:36		02:57:08		02:55:52	02:57:51	6
Lehmann	Frank			3:12	3:18	3:07:37	3:07:19	03:09:59	04:29	03:32:45		6
Liedtke	Otto	3:02	3:21	3:14	3:03		3:13:25		04:03:40			6
Rauschke	Norbert	4:38	4:26	4:35	4:37	4:30:20	5:31:42					6
Ruhe	Andreas	4:11	4:35	4:25	4:32	4:23:05	4:35:17					6
Schnell	Christian	2:47	2:45	2:49	2:49	2:46:27			02:53:08		02:59:20	6
Sollmann	Wolf-Peter	3:57	3:29	3:19				03:18:20		03:22:45	03:21:10	6
Staebe	Erika	3:47	3:44		3:45	3:41:34	3:49:37				03:40:15	6
Tell, Dr.	Kai Wilhelm					4:51:09	4:51:29	04:40:15	04:23:04	04:12:37	03:59:26	6
Thomas	Bernd	3:19		3:03	3:11	3:10:09	3:13:51				03:13:01	6
Ueckermann	Arne	3:46	3:33	3:35		3:43:13	3:38:38	03:42:57				6
Wegener	Ulrich	3:47	3:44			3:44:10	4:15:59		03:44:54	04:03:08		6
Bahne	Jörg						4:02:31	04:50:06	04:16:34	04:06:36	04:25:43	5
Barke	Frank	2:47	2:56	2:55	2:59	2:53:55						5
Deckmann	Hans-Joachim			3:56	4:13	4:00:05			04:32:45	04:45:46		5
Dederding	Frank		4:35	4:17	4:26	4:11:39	4:17:00					5
Endriss	Frank					4:15:11	3:44:14	03:37:48	03:36:58	03:38:17		5
Hagedorn	Roger		4:23	4:06	3:52	4:01:39	3:56:45					5
Hartmann	Dieter	3:25	3:24		3:19	3:26:20	3:12:53					5
Heilmann	Stephan	3:22	3:28	3:27	3:56		4:17:04					5
Hernández Camacho	Jaime	3:34	3:47		3:44		3:45:52		04:11:31			5
Kitz	Hans-Peter		5:30	4:19	4:25			04:00:29	03:56:59			5
Lämmerhirt	Karsten					4:29:16	4:09:59	03:53:09	03:28:37		03:41:36	5
Meyer	Reinhard	3:18	3:16	3:27			3:19:29		03:39:07			5
Milch	Martin	2:49						03:05:56				5
Milch	Stefan	2:35	2:48			2:38:58	2:42:50	02:46:57				5
Rabet	Ramin	3:49	4:04	4:32	4:34				04:37:32			5
Reimer	Werner		3:29		3:49	3:39:21	3:29:50	03:28:56				5
Richter	Thomas	3:52	3:51		3:47	3:50:07					03:52:37	5
Schlums	Christian	3:31	3:24	4:20	3:21	3:18:28						5
Schultz	Raimund		3:23	3:03		3:16:54		03:18:46			03:35:33	5
Strohmeyer	Michael	2:57	3:55		3:25	3:14:26	3:24:02					5
Tondock	Günter		3:47	3:43	3:41		3:45:39	03:49:21				5
Weiss	Georg		4:01	3:48	3:37	3:33:53	3:34:47					5
Arndt	Heiko					3:39:30	3:57:17		03:33:14	03:55:56		4
Balzer	Frank		2:36	2:44	3:34	2:43:03						4
Baumann	Ulf	3:44	3:39		3:48	3:40:02						4
Bellwart	Günter	4:49	4:43	4:59					05:42:43			4
Bluk	Jürgen	3:56	4:13	4:23			5:16:18					4
Braun	Helmuth		4:51	4:11	5:20	4:52:08						4
Dietrich	Hans-Jürgen	3:40	3:23		3:57	3:47:40						4
Fabricius	Lutz	3:32	3:40		4:23	4:08:47						4
Ferling	Norbert							04:24:31	04:26:55	04:33:45	04:17:22	4
Frank	Wolfgang		4:20		4:37	3:54:48					03:29:32	4
Fricke	Gerhard	3:37		3:47	3:45					04:13:26		4

Friedhof	Marcus		4:11	4:21		4:23:09	4:25:44						4
Golla	Heiko				3:46	3:30:28				03:38:08	03:27:21		4
Gössing	Peter		4:04	3:47		4:03:56				04:25:57			4
Grebitus	Rainer		4:01	3:54	3:58	3:46:13							4
Hagemann	Werner	3:45	3:55			4:12:27				04:57:16			4
Hartmann	Thomas		4:09	4:03	3:43		4:13:28						4
Heinrich	Karin	3:26	3:27	3:29	3:49								4
Hellmich	Torsten	3:33	3:23	3:23	3:29								4
Hermann	Michael	4:54	4:37	4:37	4:32								4
Herrmann	Claus					4:29:29	4:24:05	04:31:33	04:32:07				4
Kassel	Bernhard	4:25	4:03			3:47:31		03:52:53					4
Kierdorf	Horst	3:50	3:45			3:28:25			03:36:01				4
Kirberger	Werner	3:28	3:39	3:28	3:57								4
Kitroschat	Ingo	4:35	4:09	4:06		4:25:01							4
Kölke	Andreas		4:27		4:36	4:04:08	3:11:39						4
Köpsel	Gerd	3:24		3:51	3:48	3:36:28							4
Krüger	Horst	3:43	3:14	3:21	4:04								4
Kruska	Rolf	3:31	3:33	3:37	3:38								4
Kunze	Kurt	4:04	3:46	3:38		3:44:44							4
Lixenfeld	Harald			2:58	2:56	3:06:39					02:57:51		4
Ludwig	Jürgen		3:38	3:58		3:49:01					03:43:28		4
Meyer	Hans-Joachim	4:27							04:18:21	04:34:09	04:44:57		4
Miethke	Norbert	3:20											4
Mischnick	Martina	3:48	3:51		3:26	3:27:07							4
Misfeld	Martin	3:58											4
Moritz	Marco		3:41	3:21	3:29	3:33:40							4
Müller	Tobias	3:28	3:30		3:23	3:10:19							4
Müller	Harald		3:48	3:52	3:58	3:59:24							4
Patett	Herbert	4:14	3:51	3:30	3:43								4
Redantz	Anke	4:16	4:09					04:08:58			03:51:25		4
Reinsch	Hans-Herbert	4:11	3:44	3:52	4:24								4
Reintjes	Frank	3:26		3:36				03:45:50	03:36:24				4
Rieger	Torsten		5:05		5:21			04:31:40		04:33:24			4
Schmidt, Dr.	Holger			3:36			3:25:05	03:26:24	03:17:41				4
Schwarz	Andreas	3:53	3:52	3:40	3:57								4
Speidel	Jörg		3:24			3:08:16				03:30:42	03:37:53		4
Stanke	Rainer				3:57	3:47:07	3:55:20	03:55:13					4
Vahldiek	Frank	3:31	3:27	3:42	4:20								4
Vil	Andreas				5:21	5:22:15				04:50:05	04:17:22		4
Wanke	Detlef	5:16	4:52	4:48	5:02								4
Weidemann	Jens	3:40	3:24		3:40	3:27:47							4
Wenzel	Peter	4:27			4:40	4:11:43		04:05:48					4
Wolf	Michael					3:59:07	3:53:26	03:50:10		03:58:13			4
Worthmann	Frank		4:25	4:10			3:55:04	03:40:44					4
Zawadzki	Detlev	3:17	3:40	3:28			3:43:03						4
Zevenhuizen	Ulrich	3:55	3:53	3:53		3:44:01							4
Babies	Carsten	3:51	3:11	3:15									3
Baier	Torsten	5:22	4:23	3:58									3
Baumgarten	Karl Wolfgang						4:15:27	04:19:21	04:09:20				3
Becker	Werner		3:15		3:10	3:05:58							3
Beckmann	Christian		3:27	3:30	3:23								3
Behrens	Heiner	3:15		3:03	3:23								3
Bergmann	Peter	3:17	3:17								03:29:17		3
Bethge	Torsten	3:47	4:11	4:39									3
Bielmann	Kai						3:07:58		03:15:43	03:04:52			3
Bikker	Gert			5:04	4:28			04:22:37					3
Bloess	Andreas		3:39	3:40	3:23								3
Borchers	Christian		4:28		5:21					04:33:24			3
Bothe	Werner	3:16	3:16			3:10:34							3
Brandt-Wöhrmann	Andreas	3:46	3:49	4:07									3
Breum	Robert	3:43	3:39	3:44									3
Brinkmann	Dirk	4:10	4:07	4:22									3
Demaré	Holger	3:49	3:57							04:37:13			3
Deutsch	Paul	4:08	4:54		5:10								3





Bernd	Thomas		3:11							03:02:53		2
Bertelsmeier	Marcus	3:35		3:24								2
Bielmann	Tim						3:27:24			03:02:45	02:53:10	2
Biener	Martin			3:58	3:53							2
Bierwirth	Nina									03:49:08	04:02:19	2
Bock	Richard				4:21				04:10:12			2
Bock	Oliver	4:38									04:07:07	2
Bodermann	Bernd		4:46		3:59							2
Boenigk	Luzie				4:43						04:29:21	2
Böhm	Stephan	3:33		3:15								2
Böhm	Reinhard	4:22							04:31:43			2
Bohnert	Axel		4:11			3:42:46						2
Bonk	René	3:43									03:57:03	2
Börke	Andreas		4:50	3:54								2
Bosse	Andree	3:55	3:56									2
Brandt	Manfred	4:05	3:40									2
Brause	Martin			3:26	3:37							2
Breitschuh	Gernot	3:18			3:07							2
Bretschneider	Holger			3:30	3:59							2
Brockmann	Petra	3:37	3:19									2
Bröger	Birgit			3:07	3:01							2
Brucke	Michael	4:09	4:11									2
Brumlich	Hagen	3:31	3:22									2
Brylka	Andreas				5:21	5:04:50						2
Buchler	Jens			4:38	4:29							2
Bunschuch	Uwe		4:53		5:08							2
Burmeister	Bernd	5:20	5:14									2
Busse	Kathrin			3:55	3:34							2
Coenders	Martin	3:57	3:48									2
Conrady	Ute	4:30	4:20									2
Cremer	Ines						3:18:37	03:33:25				2
Cybinski	Anselm	3:48		3:42								2
Dahnke	Marco		3:40		3:57							2
Dannebaum	Uwe	3:53	3:59									2
De Wall	Hinrich	3:56	4:15									2
Denecke	Thomas	3:15		3:48								2
Deptuwa	Janis			4:10	4:19							2
Dettmering	Rainer		4:29						04:16:28			2
Diethelm	Heiner	4:13				4:09:24						2
Dietrich	Herbert	3:51	4:11									2
Dill	Torsten		2:53				2:53:39					2
Dittmer-Peters	Christian			3:33		3:38:43						2
Donners	Matthias			4:17	4:24							2
Duensing	Rainer		3:36		3:52							2
Duncker	Arne	3:24	3:08									2
Dybek	Darius									03:49:42	03:41:30	2
Dyck	Otmar		3:45		3:57							2
Eberle	Dietrich		4:26				4:28:49					2
Eigenbrodt	Arne								03:54:49	03:54:07		2
Erber	Dirk			4:23	3:35							2
Fauteck	Eckard	3:05		3:11								2
Fellenberg	Ronald	3:35	3:50									2
Flentge	Dirk						3:55:39		03:57:32			2
Flügel	Thomas	3:59	3:53									2
Freund	Joachim	4:15	4:04									2
Fricke	gerd	3:49	4:06									2
Friedrich	Edmund	4:09	4:13									2
Frixe	Sabine					3:27:54	3:27:33					2
Fuhrberg	Reinhard	3:43			3:47							2
Fuhrig	Axel	4:02	3:44									2
Gärtner	Uwe	4:00			4:42							2
Geistert	Reinhard		5:08			5:10:00						2
Germer	Andreas	3:51			3:56							2
Gilsdorf	Michael									04:24:41	03:34:22	2

















Decloux	Manfred								04:04:15			1
Dellnitz	Kurt	3:04										1
Demuth	Harald		3:21									1
Denstorf	Heinz-Otto	3:27										1
Depping	Miriam										04:14:20	1
Detering	Heiko										04:09:30	1
Deters	Henning				4:35							1
Deus	Maik	4:08										1
Deuschle	Udo		4:20									1
Deutsch	Guido	3:12										1
Deutschländer	Erik	3:28										1
Dieckvoß	Andreas										04:29:06	1
Dierhoff	Maik		4:29									1
Dierks	Christian			4:49								1
Dirks	Günter		4:37									1
Dittrich	Rainer	3:16										1
Dittrich	Thomas			5:11								1
Doekel	Hardy		3:22									1
Dohmeier	Stefan		5:17									1
Dölitzsch	Torsten		4:33									1
Doms	Christian		4:24									1
Donat	Peter					3:58:44						1
Donath	Lars				4:32							1
Donhuijsen-Ant	Rosemarie		5:02									1
Doose	Holger		3:56									1
Dörge-Röhner	Kathrin	5:20										1
Dörgers	Peter				4:28							1
Döring	Daniel	4:18										1
Dorn	Friedrich		4:08									1
Dörr	Edeltraud										03:51:36	1
Dose	Titus					4:21:47						1
Dösinger	Christian										03:15:35	1
Dost	Daniel		3:51									1
Dralle	Ernst-Albrecht	3:06										1
Drebing	Stefanie									04:06:40		1
Drechsel	Nadine								04:02:54			1
Dreger	Ernst									04:30:13		1
Dreher	Niels		5:21									1
Drehlich	Heinz		4:28									1
Drewes	Dirk		5:30									1
Drews	Christian		4:23									1
Dücker	Hans-Joachim				4:52							1
Duepper	Greggy			3:41								1
Dumke	Karen		4:07									1
Dürbaum	Andreas								04:38:27			1
Ebeling	Andre					4:06:43						1
Ebert	Ulrich		3:37									1
Eckert	Dirk										03:29:27	1
Eggeling	Thomas			4:29								1
Eggelmeyer	Joerg				4:22							1
Eggert	Irmgard									04:25:51		1
Ehmke	Thomas		4:46									1
Ehrenberg	Norbert	4:12										1
Ehrenberg	Karin							3:57:49				1
Ehwald	Klaus	3:28										1
Eichhorn	Klaus-Dieter	3:56										1
Eichhorn	Dirk			3:07								1
Eichwald	Bernhard		3:54									1
Eikenberg	Marcus	3:36										1
Eilers	Steffen				3:51							1
Einhaus	Herbert		3:35									1
Eipper	Götz W.							4:48:52				1
Eisenhauer	Annelene	4:10										1
Elbert	Arno			4:08								1



Fromme	Dieter						04:22:07				1
Froschhäuser	Edgar								05:11:34		1
Fruehling	Joerg			5:19							1
Fuchs	Michael		3:49								1
Fuchs	Arnold					3:45:38					1
Fuder	Michael	4:21									1
Fuhs	Sebastian		5:20								1
Füllung	Thomas		3:45								1
Fünfhaus	Peter-Kornef						03:33:30				1
Funke	Martina	3:14									1
Fürer	Michael	4:51									1
Gal	Geza		3:59								1
Gall	Guido								03:40:57		1
Gandyra	Stephan	3:40									1
Gaschler	Peter			4:16							1
Gatzlaff	Joachim	4:10									1
Gatzlaff	Norbert		4:14								1
Gatzlaff	Kai							03:46:45			1
Gebauer	Elisabeth			3:35							1
Gebauhr	Julius							03:31:56			1
Gebhard	Hartmut	4:05									1
Geerkens	Christian		4:07								1
Geese	Marcus				4:46:34						1
Gehrke	Martin			3:58							1
Geisler	Harald	3:49									1
Geißler	Martin		4:19								1
Gelhard	Jan		3:34								1
Gentzcke	Jan								04:02:18		1
Georgi	Michael								03:29:40		1
Gerdautzki	Jörg				4:04:57						1
Gerdel	Joachim		4:36								1
Gerdes	Elmar			3:13							1
Gerdts	Gerhard				3:39:28						1
Gerhardt	Susanne	4:08									1
Gerhardy	Daniel		3:41								1
Gerike	Kathleen			4:18							1
Gerlach	Detlef				4:48						1
Gernot	Mörig		4:14								1
Geske	Michael				3:14:38						1
Geyer	Robert	4:00									1
Giesler	Bernd	4:34									1
Gimkiewicz	Klaus			4:42							1
Gittermann	Hans-Dirk	4:21									1
Gladis	Frank					4:17:33					1
Glenewinkel	Maren	3:49									1
Glienke	Peter		4:28								1
Glöckner	Adam	4:10									1
Gnoyke	Björn							03:53:41			1
Göbel	Erwin		3:13								1
Gode	Holger R.			4:29							1
Goedeke	Dr. Matthias			3:23							1
Goeman	Evelin			4:35							1
Goertz	Helmut		3:26								1
Goetze	Peter			4:01							1
Goetze	Michael			4:23							1
Golbeck	Andreas			5:25							1
Goldhorn	Kai					3:35:48					1
Goldmann	Klaus							04:37:52			1
Gonzales	Severo		3:59								1
Gördes	Markus		3:14								1
Gorges	Maritta						05:04:15				1
Görges	Michael	4:15									1
Gormanns	Kurt							04:09:08			1
Görner	Karl-Heinz				3:36:15						1





Heinz	Peter			3:53									1
Heithecker	Klaus									03:39:41			1
Heithoff	Eva		3:29										1
Heitmann	Falko	4:16											1
Heller	Rene				3:42								1
Hellmich	Mike		3:16										1
Hellwig	Heinz-Dieter			4:37									1
Heming	Andreas	3:55											1
hennecke	hans-joachim								03:43:23				1
Hennig	Lars		4:43										1
Hensel	Klaus-Dieter	3:52											1
Herrmann	Thomas			3:15									1
Hertwig	Heike				4:55								1
Hertwig	Wilfried				4:55								1
Herzberg	Gerrit										03:49:47		1
Hesse	Michael				4:20								1
Hessing	Bernd		3:33										1
Heuer	Ingmar										03:48:26		1
Heyde	Stefan					3:12:55							1
Hiemer	Lutz										04:07:37		1
Hildebrandt	Thorsten		4:37										1
Hildebrandt	Norbert			4:08									1
Hille	Thomas			4:16									1
Hillen	Oliver	4:29											1
Hilse	Heiko		3:31										1
Hilton	Jim			3:11									1
Hirschberger	Ingo					2:55:31							1
Hoeft	Heiko							3:58:51					1
Hoelow	Frank		3:36										1
Höfer	Tanja								03:57:34				1
Hoff	Hinnerk	4:23											1
Hoffmann	Jens				3:34								1
Hoffmann	Sabine							4:13:53					1
Hoffmann	Dirk										04:24:31		1
Hoffmarck	Thomas					4:45:43							1
Hoffmeister	Uwe	3:20											1
Hohnl	Hans-Joachim			3:24									1
Hohnl	Achim				3:48								1
Hoier	Joachim			3:28									1
Holger	Dr.Ludwig										03:18:25		1
Holle	Wilhelm			3:48									1
Hölscher	Michael	4:02											1
Hölter	Stefan										03:25:50		1
Holtmann	Rüdiger							3:59:04					1
Holtz	Andreas		3:35										1
Holwitt	Stephan			3:24									1
Holze	Konrad					5:00:07							1
Holzheuer	Armin					3:21:18							1
Homeier	Lars		4:12										1
Hönicke	Sven										04:18:50		1
Höpfner	Frank-Detlef								03:37:33				1
Hoppe	Holger	3:34											1
Hoppmann	Harald		4:51										1
Hoppmann	Patrick										04:28:11		1
Hornburg	Joachim					4:47:07							1
Horst	Andreas		5:19										1
Hörster	Jürgen	4:52											1
Hössler	Andreas	3:18											1
Hotes	Hans-Peter		3:51										1
Hottas	Christian	4:31											1
Hövelmann	Hinnerk		4:14										1
Hube	Axel	4:39											1
Hübenthal	Eike								02:46:13				1
Hübenthal	Eike									02:51:56			1















Pfaue	Nicole								04:00:58			1
Pfeiff	Karlheinz	4:02										1
Pfeiffer	Jörg		3:33									1
Pfenningschmidt	Silke					3:19:37						1
Pfestroff	Hartmut		4:40									1
Pfingst	Michael										02:50:15	1
Picard	Martin			4:08								1
Piecha	Siegfried		3:31									1
Pielok	Alois							03:30:16				1
Pielsticker	Walter									03:36:15		1
Piest	Bernhard		4:30									1
Piétron	Patrick								04:20:02			1
Pietschmann	Thomas		3:41									1
Piko-Günter	Karin		4:56									1
Piotrowski	Holger		3:55									1
Plagge	Uwe	3:34										1
Plehn	Karsten									03:32:49		1
Pleiss	Marco				5:11							1
Pliske	Gerald										03:54:00	1
Ploeger	Denise					4:36:24						1
Plumeier	Erwin									03:20:57		1
Poepplmann	Helmut				3:59							1
Pohl	Herbert								04:22:34			1
Pöhlandt	Johannes									03:30:03		1
Polifka	Peter				4:15							1
Pollmann	Jan							03:20:45				1
Popp	Bernd		3:30									1
Pöppke	Markus		3:59									1
Poschacher	Wilfried		3:46									1
Posenauer	Gerd							04:17:01				1
Poßberg	Jan	4:25										1
Possberg	Peter				3:43							1
Posselt	Dirk								04:21:14			1
Post	Stefan		4:39									1
Potthast	Volker			3:34								1
Powalla	Norbert					4:00:12						1
Pralle	Ingo		3:20									1
Prause	Wolfgang									03:57:52		1
Precht	Anna					4:19:08						1
Prelop	Michael	5:33										1
Preuß	Andreas	3:53										1
Preuss	Marek			3:18								1
Prohl	Hansjoerg			4:26								1
Pülm	Stephan		3:02									1
Purr	Martin							03:30:32				1
Pusch	Rüdiger		4:24									1
Pusek	Marijan										03:49:06	1
Puzik	Joerg				4:17							1
Pytel	Andrea				4:45							1
Queckenstedt	Ralf		4:17									1
Quentmeier	Hilmar				4:15							1
Querner	Daniel				4:53							1
Quibeldey	Joeg									03:46:02		1
Rabe	Bernd	3:24										1
Radantz	Anke									03:54:08		1
Radeloff	Hansjörg			4:13								1
Radic	Peter								02:55:17			1
Radloff	Frank			3:53								1
Radtke	Martin	4:38										1
Radtke	Christian			4:17								1
Ragg	Thomas		3:58									1
Ramberg	Thorsten										04:16:45	1
Ramsauer	André						4:33:47					1
Ratheike	Edgar				4:16:41							1

















Zimmermann	Ralf	3:51										1
Zimmermann	Pius								05:26:46			1
Zippel	Jessica						5:31:20					1
Ziska	Malte								03:21:24			1
Zobel	Hilmar				3:53							1
Zühlke	Norbert	3:06										1
Zumkeller	Frank							03:16:53				1
Zurhorst	Marco			4:50								1